

# **Bridgewater-Raritan Regional High School**

# **Department of School Counseling**

PO Box 6569, Bridgewater, NJ 08807 908.231.8660 Fax: 908.253.9480

# **Overview of Option II**

### How to apply for Option II?

Complete Option II Application by the given deadline If Option II application is approved, the student will receive a confirmation email

The student can purchase the class and must complete their class by the given deadline

Grades will be designated on BRHS transcripts as "P" (Pass) or "U" (Fail) and will **not** be calculated in a student's overall Grade Point

# Where do I find the Google forms for Option II?

- 1) Posted to the BRHS website:
  - a) Click "Students"
  - b) Then select "School Counseling"
  - c) Then choose "Option II"
- 2) See your school counselor's Google classroom for direct links!

### Where do I find the deadlines to submit my Option II application?

- 3) Posted to the BRHS website:
  - a) Click "Students"
  - b) Then select "School Counseling"
  - c) Then choose "Scheduling Timeline"

#### What is Accelerated Credit?

Successfully completing a course that is available for study at BRHS to accelerate to the next level in that same subject during the next school year (for example, taking Geometry over the summer to accelerate to Algebra II during the next school year).

#### What is Additional Credit?

Successfully completing a course that is either not available for study at BRHS or does not fit into a student's schedule (for example, taking Art Studies for additional credit in order to fit in another course at BRHS). All additional Credit courses must be completed within nine (9) months of registration.

#### Where can students take classes for Accelerated or Additional Credit?

Students can choose to take classes through different programs. Below are the most common:

- 1. <u>Educere</u>: This is an online platform where students are responsible for logging into the class and independently completing all modules, assignments and assessments by the end date of the course. Teachers are only available via the chat feature from 9AM to 5PM daily to assist students.
- 2. <u>Rutgers Prep & Johns Hopkins CTY</u>: For students looking to accelerate their Math or Science course to a higher level for the following school year must take their accelerated course through either Rutgers Prep (in-person) or Johns Hopkins CTY (online).
  - a. For example, if a student would like to take Geometry over the summer to accelerate to Honors Algebra II the following school year, they must take the class through a program that mirrors our curriculum at BRHS. Rutgers Prep & Johns Hopkins CTY are the most common programs.
- 3. <u>Early College Programs</u> at RVCC: For students looking to take classes not offered at BRHS, they can choose to participate in classes at Raritan Valley Community College.

#### When should a student come to BRHS to take their final exam?

If a student is participating in an Educere or Johns Hopkins accelerated or additional credit class, then they must come to the Counseling Office to take their final exam <u>before</u> the end date of course. The final exam must be scheduled with the counseling secretaries after the completion of the course. Final exams are administered the first week of August in the counseling office by appointment only. When your course indicates it is time to take the final exam, please call to schedule a time.

Who to contact when a student is ready to take the final exam for accelerated or additional credit? Students can email Ms. Clark (pclark @brrsd.k12.nj.us) to schedule an appointment to take their final exam.

# **Educere Specific Information**

#### What classes are available through Educere?

Click here to access all the courses available through Educere.

#### If I haven't finished the course, can I be granted an extension?

- 1) Educere charges a \$29 per week extension fee.
- The counseling office must provide permission for an extension to be granted.

#### How can I track my progress through my online Educere course?

At the time of registration, the student and parent will be asked for their email addresses in which both individuals will receive weekly updates on the course.

#### Are there set times and days that I have to work on my Educere course?

No, all online courses through Educere are independent and self-paced. Students can choose how many hours per day they want to work on the course. Since it is an online course, students can work on the course from anywhere. Students can complete the course earlier than the designated deadline and call to schedule their final exam earlier.

# Physical Education Specific Questions

### What is Option II Alternate PE?

A student who plays a BRHS sport or a sport outside of school is able to apply for Alternate PE. A Study Hall will be placed into the student's schedule during their PE class, since the student is fulfilling their physical education requirements through the sport they play.

### What marking periods can I apply for Alternate PE if I play a sport at BRHS?

Students participating in Alternate PE can apply for the following marking periods only:

- Marking Period 1 (Fall sport)
- Marking Period 2 (Winter sport)
- Marking Period 4 (Spring sport)

Can a student replace PE in their schedule for another course if they are participating in Alternate PE? No, students are not permitted to replace their PE class with another course.

### What are the student's responsibilities when they are enrolled in Alternate PE?

Students in Alternate PE are required to submit a log and journal entry weekly to their PE teacher each week outlining their activities. Without submitting these documents, students will not earn credit for the class. For more information please review the Option II Alternate Phys Ed Activity Log and Journal.

## What is Option II Online PE?

Physical Education includes a broad sequence of lessons and activities that lead to student engagement and content retention. In this course, students learn about the components of fitness and how those components can be incorporated into a physical fitness plan. Students learn ways to analyze an athlete's performance as well as skills, techniques, and tactics involved in sport. Students learn the importance of healthy food choices and how they aid in fitness performance. Furthermore, students establish ways to build healthy relationships by incorporating better communication and recognizing positive techniques to resolve conflicts. Students work towards reaching a level of physical fitness for their own health and performance while establishing knowledge of the benefits of physical activity, training principles, and maintaining a healthy body and lifestyle.

Although this course is self-paced, students are required to record their physical activities in a weekly Physical Activity Log. Physical Activity Logs must be submitted each week from the students start date. Logs that are submitted late will lose points.

If students are taking Online PE and Online Health, they are then able to add a class in place of their PE period.

#### Can online PE be taken over the summer?

No. Students will complete the Option II application by the June deadline. However, once a student receives the approval email from the Counseling Office, they would not register and pay for the course until September which is when the course can begin.